

- Consult
- New
- Return

Name: _____
 Soc Sec #: _____
 Age: _____ DOB: _____

**CHICAGO LAKE SHORE
 MEDICAL ASSOCIATES**

Dermatology Acne Questionnaire

Date: _____ Referring Physician: _____
 Gender: ___ M ___ F

How long have you been having trouble with acne? _____
 Where do you break out? ___ Face ___ Chest ___ Back ___ Other: _____
 What types of breakouts do you have? ___ Red bumps ___ Cystic acne ___ Whiteheads ___ Blackheads
 Are your breakouts: ___ Itchy ___ Painful ___ Asymptomatic

Do you pick at your acne lesions or try to squeeze them? _____
 Has your acne ever healed with discolored spots or scars? _____
 Are there specific triggers for your acne (stress, foods, etc)? _____

What treatments have you tried so far?
 ___ Oral antibiotics _____
 ___ Retin-A or similar products _____
 ___ Other topical medications: _____
 ___ Accutane _____
 ___ Spironolactone _____
 ___ Steroid injections for cystic acne _____
 ___ Oral contraceptives _____
 ___ Chemical peels _____
 ___ Microdermabrasion _____
 ___ Laser _____

What is your current skin care regimen?
 Cleanser: _____
 Moisturizer: _____
 Sunscreen: _____
 Cosmetics: _____

For female patients:
 Are you pregnant or planning on trying to become pregnant in the near future? YES NO
 Are your periods regular? _____
 Does your acne flare with your period? _____
 Are you currently on birth control? _____ If no, have you ever been on birth control? _____
 Do you have problems with excessive hair growth on the face? _____

Is there a family history of acne? _____

Please list any medical conditions you have been diagnosed with:

Please list all medications you are taking, including over-the-counter and herbal:

Medication allergies:

Please complete first side only. Thank you

Physical Exam: Vitals: Pulse _____ BP _____ Resp _____ Wt _____ Pain _____
_____ male female _____ WDNW _____ Thin _____ Obese

Alert/oriented x 3, Normal mood & affect

Type of skin exam performed: TBSE except genitals/waist up exam/focused exam

Fitzpatrick phototype _____

Erythematous papules on the: _____
Erythematous pustules on the: _____
Closed comedones on the: _____
Open comedones on the: _____
Scarring on the: _____

1. _____
2. _____

Assessment/Plan:

Acne vulgaris: inflammatory comedonal hormonal

Sites involved: face chest back other: _____

Severity: mild moderate severe

Scarring? _____ PIH? _____

Nature of disorder reviewed; handout provided.

Oral antibiotics: _____ Take with full glass of water; do not lie down for 30 minutes after taking. Risks reviewed, including but not limited to photosensitivity, GI upset and esophagitis. Medication handout provided.

Oral contraceptive: _____ Risks reviewed; appropriate use discussed. Patient advised to notify her gynecologist that she is starting a new oral contraceptive.

Start Spironolactone 25mg po bid for two weeks, then increase to 50mg po bid daily until next follow-up. Risks reviewed, including teratogenicity, hyperkalemia, headaches, hypotension, dizziness, perimenstrual spotting. No personal history of breast cancer. Check BMP today, and repeat potassium in 1 month. Medication handout provided.

Topical retinoid: _____ pea-sized amount to entire face qhs. Wait 30 minutes after washing face before applying. Start with use 2-3 nights per week, increase as tolerated. Risks, benefits reviewed, including dryness, photosensitivity. Daily use of oil-free moisturizer with sunscreen advised. Topical retinoid handout provided.

Topical antibiotic: _____; apply as a thin film to entire face qam or as spot treatment pm.

Patient was advised that full efficacy of acne treatments may not be evident for at least 3 months, and that acne may flare during treatment before starting to improve.

Risks, benefits of all medications reviewed.

Intralesional Kenalog injection today; see chart for procedure note.

Comedone extraction today; see chart for procedure note

Samples provided: _____

Return to clinic in: _____

Toral Patel, MD

Dictated _____ Typed _____ Paper _____

Sites examined:

Scalp
Face
Ears
Oral cavity
Neck
Chest
Abdomen
Back
B/L UE
B/L LE
Buttocks
Digits
Nails